



<https://silhouette-ac.com/silhouette/112897/presentation>

Mary is a leader in the mentoring field. She has established successful mentoring programs throughout the country pairing disadvantaged teenagers with leaders local leaders in business, academia, and government.



Photo by [Bailey Gullo](#) on [Unsplash](#)

Her first experience as a mentor was during her first job after college. She was working at a technology company in Minneapolis. After one year with the company, she was asked to mentor a summer intern who was in his first year as a grad student.



<https://silhouette-ac.com/silhouette/138178/coffee-time>

She scheduled a lunch meeting with her mentee, to which he arrived late. This bad first impression continued, when she realized he had a professional mindset vastly different from hers. Mary was organized and detail oriented, while her mentee was more creative, adventurous, and focused on big-picture topics.



<https://silhouette-ac.com/silhouette/160606/business-woman>

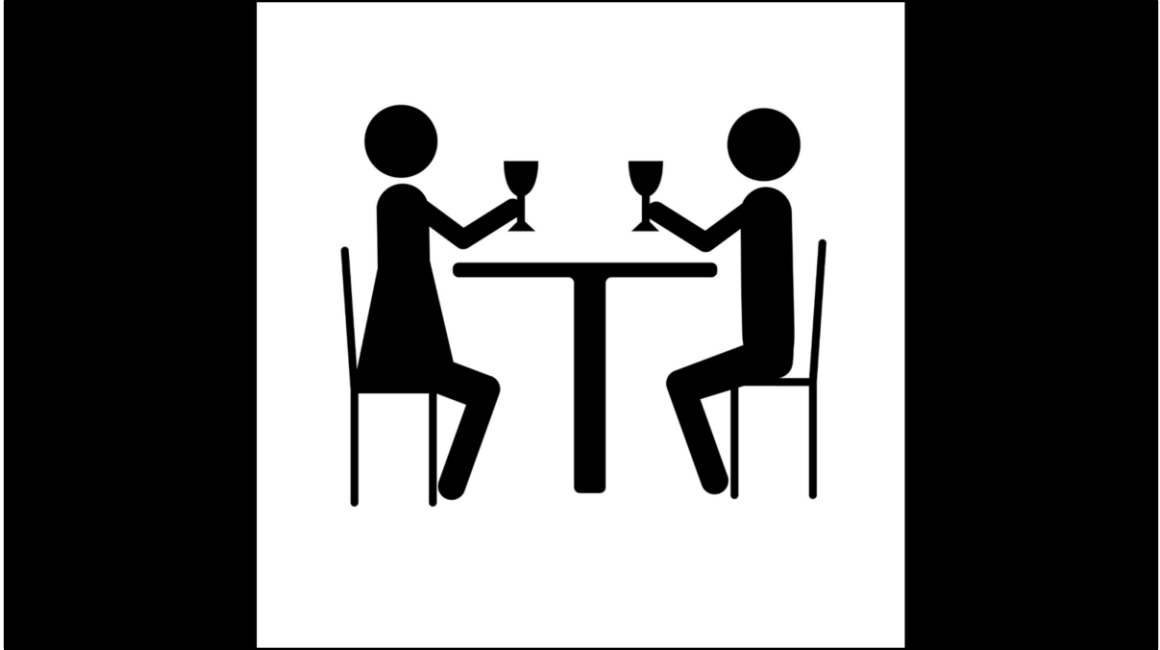
As a mentor, she introduced her mentee to senior managers and leaders within the company. She believed that even summer interns should have the opportunity to contribute ideas and suggestions for accomplishing company goals.

Over time she realized that his personality, though different from hers, was not a hindrance to his performance. Even though she possessed strengths that he lacked, he also possessed strengths that she lacked. His focus on the big picture would often inspire others to do their best work.



<https://silhouette-ac.com/silhouette/145463/confession>

Toward the end of the summer internship, he asked her out on a date. She thought it inappropriate to date a mentee, so instead she tried to introduce him to her female friends. But eventually, she relented to go on a date just before his internship ended. They watched a movie and went for ice cream, having a great time. From that point, they dated each other exclusively.



<https://silhouette-ac.com/silhouette/119266/rice>

One year later, he took her for dinner at a popular Minneapolis restaurant. During dinner, he shared his opinion that he wasn't convinced of the value of marriage in modern society.

She had heard him share this opinion before, and he knew it annoyed her. On this night, she had had enough, and began scolding him for bringing up this topic again. She told him he needed to get serious about their relationship.

When the waiter brought her dessert, her plate instead held a box. She opened the box to find an engagement ring.

The two married two years later, and are still married today. They have two children and will celebrate their 30 year anniversary next year.



Photo by [Tingey Injury Law Firm](#) on [Unsplash](#)



Photo by [Pedro Lastra](#) on [Unsplash](#)





*Courtesy Barack Obama Presidential Library.*



Here's a quick introduction of our PMI mentoring team:

Melissa Scott – Director

Andy Wise

Deana Pape

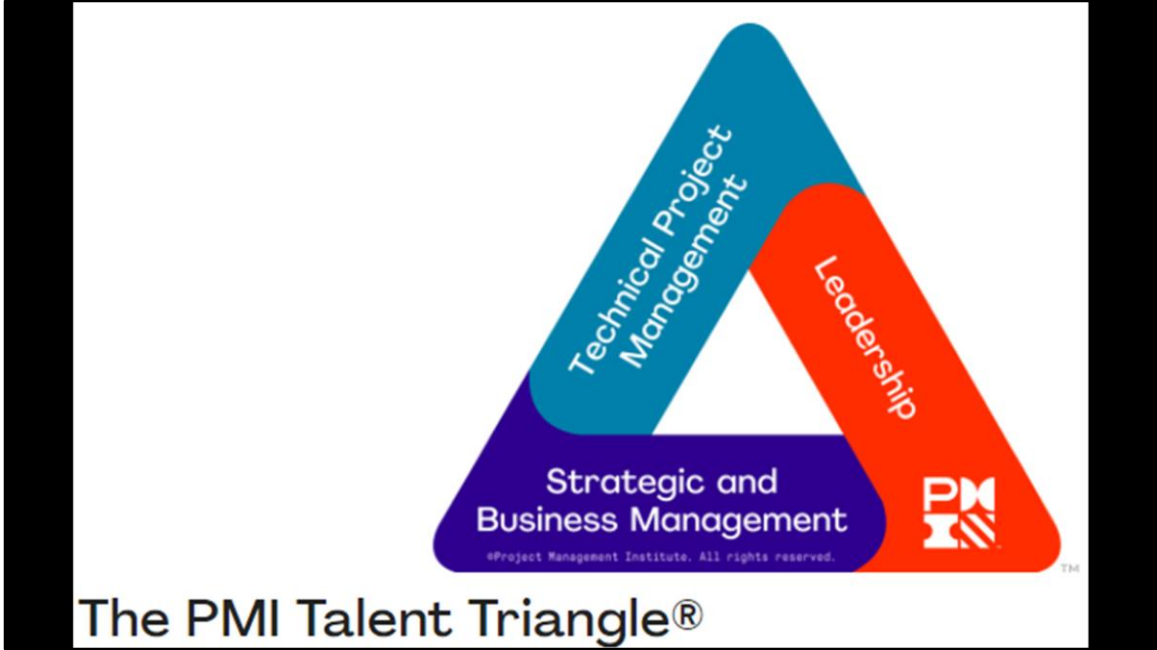
Mary Gavenda

Matt Ingram

Diana Sullivan

Paul Jimenez

Meghan Cummings-Kralik



<https://www.pmi.org/learning/training-development/talent-triangle>

## Leadership Examples

- Negotiation
- Conflict management
- Motivation
- Giving/receiving feedback
- Influencing
- Problem solving
- Team building
- Emotional intelligence

## Strategic & Business Management Examples

- Business acumen
- Finance
- Operational functions – e.g. marketing, legal
- Strategic planning/alignment
- Contract management
- Complexity management



## Technical Project Management Examples

- Requirements gathering techniques
- Project controls and scheduling
- Risk management
- Scope management
- Agile tools and techniques





Photo by [Christina @ wocintechchat.com](https://www.wocintechchat.com) on [Unsplash](https://www.unsplash.com)

Instructions for recording PDUs as a Mentor:

1. Log in to <https://www.pmi.org/>
2. Click myPMI->Dashboard
3. Click Report PDUs
4. Click Share Knowledge
5. Complete form
6. Click Submit



Photo by [krakenimages](#) on [Unsplash](#)

Instructions for recording PDUs as a Mentee:

1. Log in to <https://www.pmi.org/>
2. Click myPMI->Dashboard
3. Click Report PDUs
4. Click Informal Learning
5. Complete form
6. Click Submit





pmimsl.org

Sign up for traditional mentoring by clicking the Professional Development menu on the PMI Metropolitan St. Louis website.



Senthil Kannimar participated in the mentoring program as a mentor.  
<https://www.linkedin.com/in/senthilramasamy73/>



Sara Paige participated in the mentoring program as a mentee.  
<https://www.linkedin.com/in/sara-paige-otr-pmp-1b810a1b6/>



Deana Pape participated in the mentoring program as a mentor, and is a former Mentoring Program Director. <https://www.linkedin.com/in/empower-others/>

How much does it cost?

What is the time commitment?

How do I sign up?

Am I qualified?

The traditional mentoring program is free to PMI Metro St. Louis members in good standing.

We recommend a time commitment of two contact hours per month for three months.

Sign up at [pmimsl.org](http://pmimsl.org)

Members with active certifications are qualified to be mentors.

[Home](#) >

## Project HEADWAY: Finding & Being A PM Mentor

By [Mark Mullaly](#)

Presentation video and supporting presentation materials at  
[https://www.projectmanagement.com/contentPages/presentation.cfm?ID=293145&thisPageURL=/presentations/293145/Project-HEADWAY--Finding---Being-A-PM-Mentor#\\_=\\_](https://www.projectmanagement.com/contentPages/presentation.cfm?ID=293145&thisPageURL=/presentations/293145/Project-HEADWAY--Finding---Being-A-PM-Mentor#_=_)



Project  
Management.com.

**Webinars** ▾

**Templates** ▾

**Community** ▾

**Topics** ▾

[Home](#) >

# Find a Mentor, Be a Mentor

[Michael Wood](#) - August 1, 2018

An article at <https://www.projectmanagement.com/articles/480651/Find-a-Mentor--Be-a-Mentor->



Project  
Management  
Institute.

Blog

Certifications ▾

Membership ▾

Learning & Events ▾

PMBOK® Guide & Standards ▾

[Learning](#) » [Library](#)

## Mentoring

a key competency for program and project professionals

Conference paper at <https://www.pmi.org/learning/library/mentoring-key-competency-program-project-professionals-6264>



# 5 Ways To Get The Most Out Of Your Mentor Relationship



**Ashira Prossack** Contributor 

ForbesWomen

*I help people communicate with confidence, clarity, and credibility.*

Forbes.com article at <https://www.forbes.com/sites/ashiraprossack1/2018/04/26/5-ways-to-get-the-most-out-of-your-mentor-relationship/?sh=59c1b73e7cf6>

# 4 Ways to Become a Better Mentor



**Business News Daily Editor**

business.com Member

Jan 27, 2020

Business.com article at <https://www.businessnewsdaily.com/3504-how-to-mentor.html>

The image shows a screenshot of a LinkedIn group page. At the top left, there is a purple header with a logo for 'PMI ASCE & RENTDE'. Below the header, the group name 'Metro St. Louis PMI Mentoring Group' is displayed, along with the text 'Listed group'. To the right, it shows '169 members' and 'Including Paul Jimenez, PMP, SMC, SPOC and 12 other connections'. Below this, there are four profile pictures of members and a '+9' icon. A blue button labeled 'Invite connections' is visible. Further down, there is a 'Start a conversation in this group' input field with icons for 'Photo', 'Video', and 'Poll'. At the bottom left, there are two tabs: 'All' (selected) and 'Recommended'. On the right side, there is a section titled 'About this group' with the text: 'This group will serve as our "Ask A Mentor" blog. Please feel free to post questions about how to earn your PMP, tricks of the project management trade, or other professional development topics! PASS IT ON!'.

Please join and participate in our LinkedIn group



Here's a quick introduction of our PMI mentoring team:

Melissa Scott – Director

Andy Wise

Deana Pape

Mary Gavenda

Matt Ingram

Diana Sullivan

Paul Jimenez

Meghan Cummings-Kralik